

Brunch	
Salmão Latte / Chá / Cappuccino / Café Americano Latte / Tea / Cappuccino / American Coffee Sumo de Laranja Natural / Sumo do Dia Orange Juice / Juice of the Day Pão de Água, Croissant Francês, Manteiga, Compota Rustic Bread, French Croissant, Butter, Jam Salmão, Ovos Mexidos e Rúcula Salmon, Scrambled Eggs & Arugula Iogurte, Fruta e Granola Caseira Yogurt, Fruit and Homemade Granola	17,80€
Continental Latte / Chá / Cappuccino / Café Americano Latte / Tea / Cappuccino / American Coffee Sumo de Laranja Natural / Sumo do Dia Orange Juice / Juice of the Day Pão de Água, Croissant Francês, Manteiga, Compota Rustic Bread, French Croissant, Butter, Jam Ovos Mexidos, Queijo, Fiambre e Rúcula Scrambled Eggs, Cheese, Ham & Arugula Iogurte, Fruta e Granola Caseira Yogurt, Fruit & Homemade Granola	15,70€

Menu	
Continental Croissant Francês, Pão de Lenha, Manteiga e Doce French Croissant, Rustic Bread, Butter & Jam Meia de Leite, Sumo de laranja, Espresso Coffee, Orange Juice, Espresso	7,65€

Bolos à Fatia* Sliced Cakes	
Pão de ló de Ovo ou chocolate Chocolate or Egg sponge cake	3,95€
Delicioso Chocolate com creme de ganache Ganache Chocolate with Cream	3,80€
Tarte de Amêndoa Almond Pie	2,75€
Cheesecake com Morango Strawberry Cheesecake	2,50€
Tarte de Maçã e Noz Pecan Apple Pie with Pecan Nut	4,50€
Derrete na Boca Melted Chocolate	2,50€
<small>*de acordo com a disponibilidade do dia according to the day availability</small>	
<small>Preços com IVA incluído à taxa legal em vigor</small>	
	App Cliente Frequente Portela Registe-se e receba produtos Portela através da acumulação de pontos
	portelacafes.pt

Bebidas Quentes	Hot Drinks		
Espresso			0,90€
Espresso Duplo			1,80€
<i>Double Espresso</i>			
Cappuccino			3,90€
Babyccino			1,65€
Latte Macchiato			
<i>Simples/Simple</i>			3,90€
<i>Aromatizado/Aromatized</i>			4,30€
<i>Chocolate</i>			4,70€
Mocha			4,70€
Latte Brûlée			4,95€
Café de Filtro*			2,75€
<i>Filter Coffee*</i>			
French press			4,40€
<i>Brew Coffee French Press</i>			
Chocolate Quente			4,50€
<i>Hot Chocolate</i>			
Chás			1,55€
<i>Tea</i>			
Chai Tea			3,25€
Chai Tea Latte			4,25€
<small>*Origem Única *Single Origin</small>			
<small>**Leite Vegetal ou s/ Lactose Vegetable or Lactose Free Milk +0,85€</small>			
Bebidas Frias	Cold Drinks		
Affogato			4,25€
<i>Gelado e café</i>			
<i>Ice cream & Coffee</i>			
Café Gelado (raspas de lima e hortelã)			3,60€
<i>Iced Coffee (lime zest and mint)</i>			
Chá Gelado			2,75€
<i>Iced Tea</i>			
Iced Latte			4,25€
Sumo de Laranja			2,95€
<i>Orange Juice</i>			
Sumo Bio			3,00€
<i>Bio Juice</i>			
Sumos Naturais			3,00€
<i>Natural Juices</i>			
Smoothies			6,00€
<i>Energia</i>			
<i>Tropical</i>			
Aquela Kombucha			4,00€
<small>Original Bio Gengibre Bio Hortelã Pimenta Bio Citrus Tropical Bio</small>			

Refeições Ligeiras

Light
Meals



Torricados no Pão

Azeite, Alho e Tomate  **3,50€**
Olive Oil, Garlic, Tomato

Abacate e Ovo **7,10€**
Avocado & Egg

**Salmão Fumado,
Queijo Creme e Rúcula** **9,65€**
Smoked Salmon, Cream Cheese & arugula

**Ovo Escalfado, Abacate,
Bacon com Molho Hollandaise** **8,75€**
Poached Egg, Avocado, Bacon with Hollandaise Sauce

Ovos Eggs

Mexidos no pão **4,65€**
Scrambled on Bread

Wraps

Alface, Atum* e Tomate Cherry **6,95€**
Lettuce, Tuna Paste & Cherry Tomato
**Pasta de atum ou simples / Tuna paste or plain*

Ovo, Queijo, Tomate Cherry e Alface **6,95€**
Egg, Cheese, Cherry Tomato & Lettuce

Salmão fumado, Queijo creme e Rúcula **7,95€**
Salmon with Cream Cheese & Arugula

Bowls

Mediterrânea **9.65€**

*Couscous, Curgete, Cenoura, Cebola Roxa, Espinafre baby
Ovo escalfado, Tomate, Cogumelo Branco, Queijo Creme,
Azeite vermelho, Caju Torrado sem Sal.
Couscous, Courgette, Carrot, Red Onion, Baby Spinach
Poached Egg, Tomato, White Mushroom, Cream Cheese,
Red olive oil.*

Vegan c/ azeite vermelho  **7.95€**

*Alface, Rúcula, Cenoura, Rabanete, Cebola roxa,
Espinafre baby, Pepino, Tomate cherry, Tomate grelhado,
Croutons, Azeite vermelho.
Lettuce, Rocket, Carrot, Radish, Red onion, Baby spinach,
Cucumber, Cherry tomato, Grilled tomato, Croutons,
Red olive oil.*

Benedict **8.95€**

*Alface, Rúcula, Cenoura, Rabanete, Cebola roxa,
Espinafre baby, Ovo escalfado, Tomate cherry, Abacate,
Amendoim torrado, Malagueta, Molho hollandaise.
Lettuce, Rocket, Carrot, Radish, Red onion, Baby spinach,
Poached egg, Cherry tomato, Avocado, Roasted peanuts,
Chilli, Hollandaise sauce.*

Açaí* **8,25€**
Açaí

Iogurte **5,45€**
Yogurt
**Com fruta e granola caseira with fruit & homemade granola*

Crepe | Waffle

Topping (Chocolate ou Mel) **4,45€**
Topping Chocolate or Honey

Topping + 1 Bola de Gelado e granola **6.55€**
Topping Chocolate or Honey, Ice-Cream Ball & home made granola

Tostas Toast

Mista em Pão Salão **3,50€**
Ham & Cheese in Rustic Bread

Pasta de Atum, Alface e Tomate **6,95€**
Tuna Past, Lettuce & Tomato

Humus, Alface e Tomate  **6,55€**
Humus, Lettuce & Tomato

Torradas Pão Salão **2,50€**
Toast in Rustic Bread

Sandwiches (pão especial de sementes)

Turkey **7,95€**
*Peito de Perú Fatiado, Maionese, Mostarda
e Rúcula ou Alface*
*Sliced Turkey Breast, Mayonnaise, Mostard
and Arugula or Lettuce*

Tuna **6,90€**
Pasta de Atum, Tomate e Rúcula ou Alface
Tuna Paste, Tomato and Arugula or Lettuce

New York **5,95€**
Ovo, Maionese, Mostarda e Rúcula ou Alface
Egg, Mayonnaise, Mostard and Arugula or Lettuce

Smokery **8,50€**
*Queijo Creme, Salmão Fumado
e Rúcula ou Alface*
*Cream Cheese, Smoked Salmon
and Arugula or Lettuce*

Green Smokery **8,50€**
Salmão, Abacate, Rúcula ou Alface
Salmon, Avocado, Arugula or Lettuce

American **6,45€**
Ovo, Queijo, Fiambre, Alface, Tomate e Maionese
Egg, Cheese, Ham, Lettuce, Tomato & Mayonnaise

Saladas Salads

Camponesa **8,55€**
*Alface, Azeitonas, Cenoura, Fiambre, Maçã, Milho,
Ovo, Queijo e Tomate*
*Lettuce, Olives, Carrot, Ham, Apple, Corn,
Egg, Cheese & Tomato*

Marítima **8,55€**
Alface, Atum, Ovo, Azeitonas, Cenoura, Milho e Tomate
Lettuce, Tuna, Egg, Olives, Carrot, Corn & Tomato

Lusitânia **9,85€**
*Alface, Peito de Perú Fumado, Azeitonas, Cenoura,
Milho e Tomate*
Lettuce, Smoked Turkey Breast, Olives, Carrot, Corn & Tomato

Primavera **9,85€**
Alface, Salmão Fumado, Queijo Creme, Cenoura e Ananás
Lettuce, Smoked Salmon, Cream Cheese, Carrot & Pineapple

Sopa **2,95€**